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A COMPARATIVE ANALYSIS: A NICE CUP OF TEA, ENGLISH TRADITIONS

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Abstract: This article talks about national traditions in England.

Key words: traditions, national, Christmas, popular, holidays, The traditional meal, tea.

Every nation and every country has its own customs and traditions.

Englishmen are proud of their traditions and carefully keep them up. It has been the law for about three hundred years that all the theatres are closed on Sundays. No letters are delivered, only a few Sunday papers are published.

To this day an English family prefers a house with a garden to a flat in a modern house with central heating. English people like gardens.

Holidays are especially rich in old traditions and are different in Scotland, Ireland, Wales and England. Christmas is a great English national holiday, and in Scotland it is not kept at all, except by clerks in banks; all the shops, mills and factories are working. But six days later, on New Years Eve the Scotch begin to enjoy themselves. All the shops, mills and factories are closed on New Years Day.

People invite their friends to their houses and "sit the Old Year out and the New Year in".

When the dock begins to strike twelve, the head of the family goes to the entrance door, opens it wide and holds it until the last stroke. Then he shuts the door. He has let the Old Year out and the New Year in.

There are many peoples and cultures in the world, but you definitely won't confuse the British with anyone! Although they are considered to be cold-blooded, restrained and prim, in fact, they are friendly, accommodating and very fond of sports. An interesting combination, isn't it? So let's learn more about the customs, traditions and way of life in England, because when learning English, it is important to understand how this people live and breathe.

The British are naturally polite and never get tired of saying "Please" and "Thank you". They are disciplined and will not talk loudly in the street. They don't jostle to take a seat on a bus or train rather and queue up at a bus stop. The British do not shake



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hands when they meet. They try not to show emotions in public, even in tragic circumstances. They do not lose their composure and remain optimistic in difficult situations.

There are also some traditions regarding food. English cuisine is solid, simple and nutritious. The British prefer a hearty breakfast. It can consist of oatmeal, scrambled eggs with bacon, fried fish, toast with jam, tea or coffee. They prefer toasts cold. As a rule, breakfast is the same from day to day.

Tea is an integral part of British life, like potatoes or bread. There is even a saying: "Seven cups of tea will help you wake up, nine cups will help you fall asleep."

The British are very respectful of their traditions. There are quite a lot of them in the country, and almost all of them came from the Middle Ages.

In the old days, England was quite a harsh and cold country in every sense. In order to somehow decorate their everyday life, women were engaged in flower breeding. Some plants worthy of cultivation grew in England itself, and some were brought by sailors.

Modern Englishmen spend most of their time happily tinkering with flowers. For almost every resident, the facade of the house is a real work of art.

Cats are very popular in England. If more than three tailed cats live in the house, this is considered the norm. Moreover, for many lonely Englishwomen, these cute animals replace children. This is not considered reprehensible, and even more so, it is not ridiculed.

Probably, the root of the love for cats goes back to the medieval legend of Dick Whittington, who took a high position in the country thanks to the rat trap cat.

There are many different traditions and ways of celebrating Christmas in the United States of America, due to the diversity of cultures of the inhabitants of this country. The traditions of this holiday have a lot in common with British, French, Italian, Dutch, Polish and Mexican customs.

The traditional meal of immigrants from Western Europe is turkey or ham with cranberry sauce. Families with Eastern European roots prefer turkey with side dishes, sausages, cabbage dishes and soups, and some Italian families pay tribute to lasagna.

Americans like to decorate their homes with garlands, and sometimes with figures of Santa Claus, snowmen and reindeer.

On the occasion of Christmas, the streets of the cities are decorated with light garlands. Perhaps the most famous place in the United States where you can watch the amazing festive illumination is the Rockefeller Center in New York, where, in front of a huge festive fir tree, a public ice rink operates during the winter holidays.

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